

Monday, May 1, 2023

YMCA - Accessing Accenture Online Training

Date and Time: Monday, May 1 01:00 pm - 2:00 pm

Address: Online

We can provide you with an account that will give you access to variety of interactive online training materials. Some of the courses include The Interview Process, Introduction to Cover Letters, Computer Skills and Starting Your Resume.

Tuesday, May 2, 2023

3rd Annual Resilience Workshop

Date and Time: Tuesday, May 2 05:30 pm - 7:30 pm

Address: 2950 Courtice Road, Courtice, ON L1E 2H8 Canada

3rd Annual Resilience Workshop

Tuesday, May 2, 2023, 5:30 – 7:30 p.m.

Clarington Public Library, Courtice Branch or Virtual

2950 Courtice Road, Courtice, ON L1E 2H8 Canada

Carion Fenn Foundation invite you to join our FREE 3rd Annual Resilience Workshop focusing on “Stress”, Tuesday, May 2nd, 2023, 5:30 – 7:30 p.m.

This workshop is presented in partnership with Clarington Public Library, The Municipality of Clarington, Canadian Mental Health Association Durham, and the Ajax Legion.

Attendees will learn about the three main stressors in life through expert Speakers, Q & A, and a Healing Activity to help recognize, build or strengthen one’s resilience.

Learn more at www.carionfenn.org

Thursday, May 4, 2023

Seniors Program

Date and Time: Thursday, May 4 01:00 pm - 2:30 pm

Address: May 4: Virtual via Zoom; May 11: Virtual via Zoom; May 18: 3 Rossland Rd W, Ajax, ON L1Z 1Z2 (Parkland Ajax) or Virtual via Zoom; May 25: 111 Hunt St, Ajax, ON L1S 1P3 (Ajax Legion) or Virtual via Zoom

Seniors Program – FREE

Thursday, May 4-25, 2023 1pm – 2:30pm Est

Carion Fenn Foundation invite you to sign up for our FREE Paul Culver and Sparky Johnson Seniors Program January 5-26, 2023 est. Free Virtual & In-Person Seniors Program supporting age 55+ to stay connected and healthy focused on Health Education, Social Engagement, Technology and Trivia in partnership with Ajax Legion, Parkland Ajax and sponsored by Grandad Cares and Pindab Ltd..

Week 1 - May 4, 2023: Virtual (Zoom)

Nutrition & Arthritis, Technology, Crime Prevention and Trivia.

Week 2 - May 11, 2023: Virtual (Zoom)

Wills & Estate, Yoga and Trivia

Week 3 - May 18, 2023: Parkland Ajax (3 Rossland Rd W, Ajax, ON L1Z 1Z2) & Virtual

Fitness & Nutrition, Parkland Facility Tour, free refreshment for Sip & See and Trivia.

Week 4 - May 25, 2023: Ajax Legion (111 Hunt St, Ajax, ON L1S 1P3) & Virtual

Technology & Social Social Media Engagement, Mental Health and Trivia.

Registration is open.

Please join us and share this event so that others may receive needed support or information. Once registered, you will receive a confirmation email with details on how to join on the day of our program.

Carion Fenn Foundation

289-923-8170

smcm@carionfenn.org

www.carionfenn.org

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Teen Advisory Group (Newcastle)

Date and Time: Thursday, May 4 04:00 pm - 5:00 pm

Address: 150 King Avenue E., Newcastle ON L0B 1M0

[Grades 7-12; Ages 12-18]

Newcastle Branch

First Thursday of each month (March 2, April 6, May 4, June 1)

4:00 to 5:00 p.m.

Drop in; no registration required.

Earn volunteer hours at the library! We are looking for enthusiastic youth in grades 7-12 to join our new Teen Advisory Groups (TAG). TAG members will have a say in library programs and services for teens, assist with children's programs, learn leadership skills, and more!

Students who attend TAG meetings will receive additional volunteer opportunities throughout the year!

More info: www.clarington-library.on.ca/node/3679

<https://calendar.durhamimmigration.ca>